PARENTAL ALIENATION SYNDROME IN THE CONTEXTE OF DIVORCE IN ALBANIA

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Abstract

Until '90-s years divorce was a phenomenon that rarely happened in Albania. Should be a major cause accepted by family and society in order that the couple would choose marriage dissolution. Divorced women with children, rarely would rimarried or if they would married again they should get a man with political biography problems, widowed or elderly. In this context and mentality divorce has continued even today. It's still regarded by a majority of family but also of a part of society as a phenomenon for which one of the partners is the guilty and the other is the victim. Usually the parent felt as a victim begins to negatively affect the development of the child / children with new feelings and thoughts, not good in comparison with the other parent. In this line it is built and receives parental alienation syndrome. This concept was developed by American psychiatrist Richard Gardner in the '70 years in which America scored a high divorce rate. Parental alienation syndrome PAS, means that one parent makes foreign (alienates) child from the other parent, as a sort of brainwashing to denigrate the other parent. In this process the alienated parent is not alone, he is supported in this campaign by his relatives. This study examines perceptions of the alienated parents on parental alienation syndrome based on their experience. Participants are five fathers and five mothers. Data were collected through semi-structured interviews and open-ended questionnaires. For each participant were performed qualitative data analysis as an attempt to answer the questions: what are the commonalities between the alienators? Have they had similarities on their marital conflicts? What are the causes of alienation? At the end of the study, are given conclusions and recommendations to professionals working with families during the divorce.

Keywords: alienation, parenting, syndrome, divorce, marital conflict